

May 2019 Edition

Hello Region I!

This newsletter has been put together to highlight all of the great things that have happened throughout the region during the 2018-2019 Academic Year!

Introducing the Regional Director– Elect

Melinda Stoops serves as the Associate Vice President for Student Affairs at Boston College. Prior to joining the Student Affairs Team at BC, she served as the AVP/Dean of Students at Framingham State University. Melinda has been involved in NASPA in a variety of



ways, at both the regional and national level. She served two terms as the Region I KC Representative for the Wellness and Health Promotion Knowledge Community, served one term as the Region I Nominations and Elections Coordinator, and served on the Professional Development Committee of the Center for Women. She had the opportunity to participate in the inaugural cohort of the NASPA SERVE Academy and is currently a member of NASPA Advisory Services. In addition to the above, Melinda has participated as a program reviewer for multiple NASPA Region I and National Conferences, served as a Candid Conversations listener several times, and served as a reviewer for the NASPA Innovations Grant. Melinda is excited to be back on the Region I Board as RD-Elect and is currently focused on connecting with members of the Region I Community to learn about how they are engaging with NASPA and their desires for the Region moving forward. Feel free to contact her if you'd like to connect to share your perspectives on Region I. The best way to reach her is by email at melinda.stoops@bc.edu .

Regional Conference Update

Call for Programs is live!

Aside from our traditional (60 min) educational sessions and pre-conference lunch & learn sessions , we are excited to be offering new program types at this year's conference:

- Research Session (50 minutes)
- Roundtable Session (45 minutes)
- SA Speaks (10-12 minutes)

SUBMISSION TIMELINE

- 5/1/2019 Call for Programs
- 6/3/2019
- Call for Reviewers opens
 6/21/2019
- Call for Reviewers closes
- Program Submissions due
- 8/7/2019
 Program Decisions sent
- 8/21/2019
- Program Confirmations due

As you prepare your proposals, please keep the following in mind:

- Vision, Mission, and Principles of NASPA
- <u>Professional Competency Areas for Student</u> <u>Affairs Educators</u>

Please visit our Program Proposal page to submit your proposal today. The deadline for proposals is **July 1, 2019**.

https://www.naspa.org/events/19RIConf/CFP



Endicott College

When I first started at Endicott, the Office of Student Activities still had a huge role in planning student events. However, student organizations were really starting to plan their own events. Since I have started, I have seen a huge growth in the leadership and initiative that student leaders have had within their organizations. After the Student Government Association implemented the Finance Board, where students can present budget proposals, only a few years ago, we have seen a huge increase in the number of funding requests we have received. They have doubled since the board first started. This year was the first year that we have implemented an event registration form where student organizations are required to fill out the form in order to have an event. The event gathers information such as the location, time, date, AV and catering requests, and other pertinent information. We have had over 100 registered events in the first year using the form. It is it a true testament to how much effort our students are putting in to planning their own events. They have gained incredible skills through our new process. While I know this isn't a new process, many schools are already doing it, it has been a shift in the leadership culture among our student organizations. Implementing the forms and processes have helped our students learn the process of proposing budgets, planning an event, and decision making. It has also allowed the advisors of the organizations to take a step back and allow the students to do more of the logistical work. I am excited to see how much the student organizations improve year after year, as they get used to using the new process and taking it into their own hands to plan an event that they want to see on campus.

Alyssa Laurenza- Assistant Director, Student Activities

A Call to Men Community Training Institute



On March 28th, 2019, five staff members from Endicott College (Beverly, MA) attended the A Call to Men Community Training Institute in New York City. The two day institute focused on "working to create a world where all men and boys are loving and respectful and all women and girls are valued and safe." A Call to Men is a violence prevention organization that offers trainings and a free curriculum on coaching healthy and respectful manhood. The organization is led by Tony Porter, commonly known for his TED Talk aptly named, "A Call to Men." The group of about forty attendees at the institute came from across the country and represented a number of fields including high school education, higher education, social work, nonprofits, and criminal justice. Though only two days, the institute was an incredible opportunity to connect with a diverse group of people, all of whom had a similar mission of finding ways to work with boys and men and address masculinity, patriarchy, and gender inequality. The institute served as a poignant reminder that our work must be expanded upon and in collaboration with those outside of Student Affairs. The institute's facilitation team believed in "dropping a jewel," or sharing a pithy nugget of knowledge. A few of these jewels were: Men must step up if we are to end violence and discrimination Our work must focus



on those "living in the margins of the margins," including trans women and women of color. Efforts must be grassroots, culturally-specific, and community-based Meeting boys and men where they are at is not co-signing their behavior In human service organizations, we must work for and be accountable to those we serve The institute was both thought-provoking and energizing. The staff members who attended are excited to bring what they learned back to Endicott College and reexamine at what they can do to support and work with men in college. Some ideas include offering sessions to students on healthy manhood and how men can support survivors of sexual violence, film screenings and dialogues, hosting outside organizations on campus, and running community breakfasts and forums to discuss healthy manhood with all community members. They are excited to couple what they learned at the institute with more college-specific research from "College Men and Masculinities" edited by Shaun Harper and Frank Harris III, "Men and Masculinities: Theoretical Foundations and Promising Practices for Supporting College Men's Development" edited by Daniel Tillapaugh and Brian L. McGowan, and "White Guys on Campus: Racism, White Immunity, and the Myth of 'Post-Racial' Higher Education" by Nolan Cabrera.

Max Coronel- Area Director, Endicott College

Regis College

On January 9th, 2019 a group of 17 Regis College students and staff departed to Los Angeles to participate in a week long service immersion experience in



California. The trip was twofold, during the first half students traveled to San Diego – particularly to the U.S. Mexico Border – to work with Border Angels, a nonprofit organization that advocates for immigrant rights and humane treatment of migrants. During the second half

students stayed in Boyle Heights, visited Dolores Mission parish, and Homeboy Industries. During this week students served in various activities, they worked with Border Angels to place gallons of water and emergency supplies around strategic points in the dessert where thirsty migrants might be crossing. Students also had the chance to visit refugee shelters in Mexico, where Central Americans from the caravan patiently awaited asylum. In San Diego, our students also learned about the complex systems around immigration and they visited Chicano Park to learn about the history of Latino presence in the U.S. In L.A., students visited Homeboy Industries and learned about the most effective gang rehabilitation program in the country. They served in homeless shelters around Skid Row and in children after school programs in Boyle Heights. Service Immersion is a central part of the formation that students receive at Regis; Catholic Intellectual tradition deeply believes in the formation of the whole person. But when we refer to the formation of the whole person we must always consider that the experiences that are most transformative are those that allow students to explore their own life stories, discover their talents, and put them to the service of those around them. It is my belief that this is one of the central things that happen when students are given the opportunity to participate in service immersion experiences and think critically of the issues impacting our world. In the L.A. Trip this was especially evident, when students traveled to Mexico to visit a shelter for refugees from the Caravan it was incredible to witness the slow unfolding of their own life stories and the ways in which they built bridges with the refugees that stood before them. It was the most concrete experience that students have had that reflected the values of the women that came before them, the Sisters of St. Joseph of Boston. Imagine a young student from Regis College and a migrant from Central America that had just travelled thousands of miles in search for



a better life – both playing games in a shelter in Mexico, as Fr. Greg Boyle usually says, "Exactly what God had in mind."

Anabella Morabito, Associate Director, Center for Ministry & Service



Tunnel of Oppression

On March 27, 2019, Regis College hosted its first Tunnel of Oppression. 17 staff members from our division create a immersive experience to have staff, faculty, and students experience what someone goes through on a daily basis just for being who they are. The event had a profound impact on all participants. As a result of this experience, it is currently being discussed to make this a requirement for every incoming first year student during their first semester. Connecting their experience as a Regis student to the values of the Sisters of St. Joseph, which Regis is founded. The following staff members worked for 6 months to put this together: Erica Devine, Arianna Woodley, Jeffrey Marcano, Judcine Felix, Brandy Blaise, Gabby Telemaque, Steeve Laborde, Stanley Onyeneho, Christina Deang, Chanelle Garcia, Anabella Morabito, Maribeth Marin, Courtney Mulligan, Bianca Tocci, Leticia Sigueiros, and Jim Wildason. If anyone is interested in learning more about the event, please reach out to Jim Wildason at james.wildason@regiscollege.edu

Jim Wildason, Area Coordinator– Regis College





Berklee

Keeping students at the core of our work is exactly what the Division of Student Affairs, Diversity, and Inclusion at Berklee did this past year. The work that has been accomplished this has been transformative to the student experience at Berklee. The division dedicated a significant amount of time developing a cocurricular map that identifies the specific life skills that students must master to thrive as their artistic selves. With this goal in mind, Student Affairs, Diversity, and Inclusion began an undertaking to rigorously consider what it means to thrive as members of the Berklee Community. We worked in close alignment with welldocumented national and professional standards and recommendations, as well with the mission, vision and values of Berklee, and formulated statements of intended learning and engagement outcomes that will ultimately drive student success. Students who join the Berklee community places themselves on an incredible artistic journey of development and discovery, and it life-changing. As a division of dedicated professionals, we provide people, programs, services, and resources that help students master life skills that are necessary for them to flourish, and for their personal, creative, and career potential to be realized. The co-curricular map that we developed brought greater focus to our work, and it allowed us to ensure we are offering experiences that are meaningful and impactful, and with greater purpose. It provided common language, and challenged us to assess the impact of our work, programs, and services to ensure that we were supporting and



building mastery in key learning domains. The six life skills that were identified are as follows: Interculturalism, Health & Wellbeing, Innovative Thinking & Doing, Artistic Citizenship, Self-Authorship, and Interpersonal Communication. The division conducted a program inventory and mapped approximately 40 programs to the co-curricular map and denoted various competency areas for each domain by identifying not only the life skill that the program supported, but the level of learning and exposure - Introductory, Practice, and Mastery. We remain guite proud of our initial work this past year, and the development of the map. It will be a tremendous guide in steering the division in decisionmaking, and keeping the student experience at the core of our work.

Dr. Christopher Kandus-Fisher, Vice President of Student Affairs, Diversity, and Inclusion

Mount Holyoke College

During the 2018-2019 academic year, Mount Holyoke College added several new Living Learning Communities (LLCs) including our Mi Gente LLC which is a community that is designed to support students who are of Latina/x descent, identify within the Latin American Diaspora and/or wish to foster connections between different cultures within the diaspora. The official description of this community states that Mi Gente (which translates to "my people") community residents are committed to developing a safe, supportive, and celebratory environment with particular regard to those complexities of being a student of Latina/x descent at a predominately white institution. As an oasis for students away from the microaggressions they face as a person of color, Mi Gente residents included

other Latinx students into their programming and expanded to connect with the surrounding local communities by going to the "El Sabor de Holyoke" street fair, supporting student who were part of an all-Latinx play at nearby Hampshire College, and seeing In the Heights at Holyoke Community College. They created floor events such as interactive art creations to reflect on their roots, building decorations for the entrance to the floor, hosting a Latinx Heritage Month celebration, and many more. Current residents have described the community as "open" "inviting", and "a safe space to engage and celebrate my culture and identities", and 93% stated that participation in Mi Gente has increased their sense of belonging at Mount Holyoke College. Mi Gente, like all Living Learning Communities at MHC, was designed by students and we are so proud of their hard work and celebration of their identities during it's first year. This LLC won the MoZone Community Builder award and it's CA and creator, Sara Sarmiento, earned the Community Advisor of the Year Award.

Christine Albain, Area Coordinator, Community & Inclusion, Mount Holyoke College





Knowledge Community & Signature Initiatives

Gender and Sexuality KC

As a representative of the Gender and Sexuality Knowledge Community, I partnered with Jody Randall and The Movement Advancement Project to create a state-by-state resource guide served as a resource for The Placement Exchange. It is my hope that this resource is readily available for all staff members in Higher Education to aid them in their job search process. For more information, here is the link: <u>https:// drive.google.com/file/</u>

<u>d/1jsBxigR6isrS8sd3i68M9mflyShZHx4p/view</u> Jim Wildason– Area Coordinator, Regis College

New Professionals Mentoring Institute

NPMI Coordinator- Cassie Kao



I want to take this opportunity to share about the New Professionals Mentoring Institute (NPMI). This year, 20 mentees and 20 mentors were selected to participate in NPMI. They participated in four daylong, in-person sessions and three virtual sessions over the course of the spring semester. We were hosted at Eastern Connecticut State University (Willimantic, CT), Worcester Polytechnic Institute (Worcester, MA), New England College (Henniker, NH), and American International College (Springfield, MA). Additionally, the expertise of our amazing mentors helped make NPMI a meaningful experience for our mentees. Their willingness for mentors to invest in new student affairs professionals is crucial to the advancement of our field. For NPMI 2019, we had the following specific goals:

- Develop useful and practical networking skills to build relationships with peers and mid-/senior-level student affairs professionals
- Understand how communication impacts professional reputation as student affairs professionals
- Create strategies for effective supervision of staff, managing up, and collaborating with colleagues
- Use best practices and begin to identify steps to
- contribute to the new professional's home Institution
- Gain the awareness and insight necessary to articulate who new professionals are, what they need, and how it affects their relationships with others
- Identify techniques for self-care through effective time management, managing competing priorities, and establishing work/life balance

To help equip our new professionals, we had amazing guest speakers:

Dr. Elizabeth Scott (Eastern Connecticut State University)

Laura De Veau (Fortify Associates, LLC) Dr. Jason Meriwether (Rhode Island College) Brianna Edwards (Rhode Island College) Shawn Newton (Suffolk University) Lauren Hubacheck (Salem State University) Dr. Michele Murray (College of the Holy Cross)

Finally, none of this work could have been done without the diligence and hard work of the NPMI committee – Brendon Soltis (Tufts University), Keyne Cahoon (Northeastern University), LaMar Coleman (Eastern Connecticut State University), and Roatha Kong (Boston College).



Knowledge Community & Signature Initiatives

If you are a new professional in student affairs (1-3 years of higher ed experience) and are interested in participating in NPMI 2020, be on the lookout for future messaging about when applications are live. If you are a mid-/senior-level student affairs professional (5+ years higher ed experience) and are interested in serving as a mentor, please send an email to <u>nasparegioni.npmi@gmail.com</u>. Once applications are live for mentors, we will also let you know.



Region I History Committee

The objective of the History Committee for NASPA Region I is to collect and archive information for the Regional Advisory Board and its members to use in understanding the history of Region I, aid in projects, and/or use as reference materials. Some of the goals of the history committee are to ensure that all documents/resources are organized in a way that is easy for Regional Advisory Board to access, to serve as a resource for Regional Advisory Board members to understand historical context of their roles and the board, and to collect and archive documents for future use. Additionally, we are able to provide resources needed to assist the Regional Advisory Board on presentations, conferences or other events to have a greater understanding of Region I's history. Besides archiving important information this committee provides fun interactive events for Region

I members to participate in. Recently, we have created and launched Trivia Tuesday for members to participate in. For this contest members have the option to answer questions via Facebook that are based on the history of Region I and to provide an engaging way for members to learn more about our rich history. This summer we will be hosting our History -A-Go-Go event where members are able to come together to engage with the historical archives. We strive to engage membership through presentations at regional conferences, interactive opportunities/events, and through information on the history of Region I available on our <u>web page</u>.

As the History Committee continues its work with Region I we hope that members will share any historical information, pictures, etc. that may be important to our rich history as a Region. Should you have any historical documents, pictures, etc. that you would like to have the History Committee archive please email them to <u>historianregion1@gmail.com</u>.

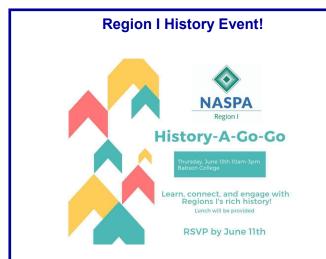
Thank you,

The History Committee:

- Sarah DeMeo
- Benjamin Bucklin
- Charles Haycook
- Matthew Brancaccio
- Evan Maloney
- Ron'na Lytle



Upcoming Events



Join the History Committee as we interact and engage with the archives of Region I. Connect with colleagues and learn about the history of our Region! If you are interested in attending please<u>RSVP</u> by June 11th.

Alcohol & Other Drugs KC Event:

Are we ready for first-year students' attitudes towards AOD and usage rates?



Thursday, June 6th from 10:00am-2:30pm at Stonehill College in Easton, MA Sponsored by NASPA Region I: Alcohol and Other Drug KC & The Campus Safety and Violence Prevention KC **Registration Link:** <u>https://forms.gle/</u> <u>XfgxnHMZg5kye3iz8</u> Questions? Email: <u>Michael Bliss@uml.edu</u>



- STATE Award Nominations Due July 19th, 2019
 11:59 pm EST
- REGIONAL Award Nominations Due August 9, 2019 - 11:59 pm EST

Descriptions for all State and Regional Awards can be found on the <u>Region I Awards</u> page. If you would like to nominate for more than one award, you will need to submit a new form for each person/award. *Each nominee should have a minimum of a nomination and one support letter.*

Questions regarding the awards process can be directed to: Caitie Regan, Awards Coordinator - <u>naspar1awards@gmail.com</u>

Look out for the Region I Newsletter in July for more conference updates!