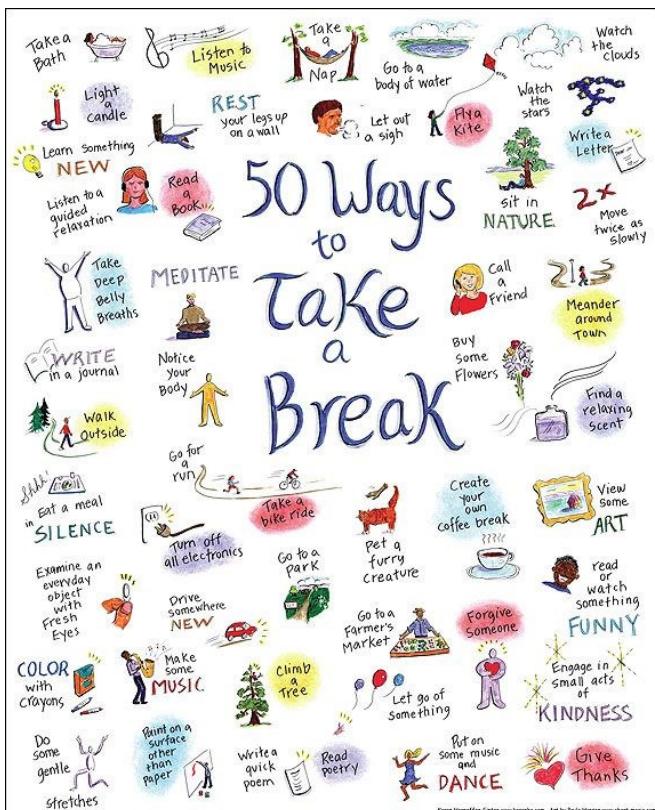


Hello Region I!

As the fall semester begins to come to a close I hope that you take this time as an opportunity to do something that makes you feel energized while you are on or off campus. Begin to consider ways to take a break, whether it be spending time with family, reading a book, or taking up a new activity. We do our best work when we have the ability to do something that helps us feel refreshed! Check out this image below about 50 ways to take a break.

I hope that you all have a wonderful holiday season!

Caroline



Congratulations to the 2018 Conference Committee for a great conference in Providence, Rhode Island!



Connect with the Region!

Follow @NASPA_R1 on Twitter

Follow on Facebook

Follow our Instagram

Follow our Tumblr

Giving to the NASPA Foundation

NASPA FOUNDATION

Help create a culture of giving back to this amazing profession of ours by supporting students and staff via the NASPA Foundation. As you consider a contribution to NASPA, think of those who have mentored you along your path and of those students that will serve as the next generation of student development professionals.

The opportunity we have in our roles to witness and support the growth and development of students is a sacred trust that we simply cannot overlook nor take for granted. By contributing to the NASPA Foundation, you help fund scholarships for students and professional staff to expand their knowledge and expertise at NASPA educational and professional development opportunities (Regional Conferences, Annual Conference, institutes, symposia, etc).

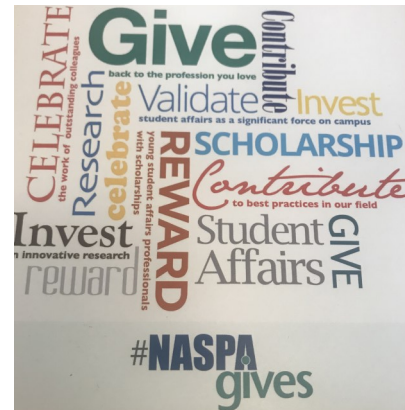
There are multiple ways to contribute to NASPA, but with the 100th Anniversary upon us, we are highlighting 2 distinctly unique giving opportunities — the **NASPA 100th Anniversary Century Club** (which is only available this year) and the **Emerald Club**.

- The **Century Club** is a **one-time only** opportunity to honor NASPA's 100th anniversary by contributing a one-time gift of \$100 before the end of the 2019 Annual Conference. Donors will be recognized at the NASPA Annual Conference in Los Angeles. Regardless of your current or new donor status, be a part of the NASPA 100th Anniversary Century Club!
- The **Emerald Club** is an ongoing opportunity that encourages donors to make a commitment of a total of \$1,000-2,999 over a 5-year pledge period. Donors will be honored at the NASPA Annual Conference with a special lapel pin reflecting their commitment to the future of student affairs and development. Pledge payments can be made on a recurring basis either monthly, quarterly, or annually.

To make it as easy as possible, please go online and make your tax-deductible gift now: <https://www.naspa.org/foundation/make-a-gift>.

If you have questions, please reach out to your Region's NASPA Foundation Ambassador, a member of the NASPA Foundation Board of Directors, or Lucy Fort, Associate Director, NASPA Foundation (lfort@naspa.org).

Thank you for considering a contribution and enhancing the legacy of our profession.



Applying Student Development Theories Holistically: Exemplary Programming in Higher Education

Presenters:

Katie Branch, PhD, University of Rhode Island
Christine M. Wilson, PhD, University of Connecticut
Monique N. Golden, MA, Doctoral Candidate,
University of Connecticut
with Jeanne Hart-Steffes, PhD, Western New England
University

Higher education and student affairs professionals and graduate students can better grasp and use theories holistically if they are inspired by examples of real time applications.

Applying Student Development Theories

Our session, based on a newly-released book, *Applying Student Development Theories Holistically: Exemplar Programming in Higher Education*, provided contemporary examples of scholarly practitioners bringing to life theoretical knowledge to enhance the development and learning of college students.

This session began with us describing our *why*, highlighting what influenced our decisions to embark on this book project. In addition to the fact that real examples help in understanding application of theory to practice, we were inspired by Sternberg and Grigorenko (2000) who argued that successfully intelligent people find “a balance in their use of analytical, creative, and practical abilities” (p. 208). Thus, we believe it is important for practitioners to exercise these abilities through telling their truths (in this case, via scholarly writing) about how they apply theory in everyday practice to impact student development.

Next, we discussed how the book is arranged. Chapters written by current student affairs and higher education practitioners are organized into three categories determined by the theories that guided their work: psychosocial and social identity development, cognitive development, and influences on development. Sample theories and frameworks referenced by authors were Cross and Fhagen Smith’s (2001) Black Identity Development, Davis’ (2010) First Generation Student Experiences, Perry’s (1970) Intellectual and Ethical Development, and Kolb’s (1984) Experiential Learning Cycle.

Programmatic applications of theory in this text reflect a diversity of programs and services implemented either campus wide or for specific student populations, and cover a wide range of topics, including moral and ethical development, transitions and retention, building community around a shared identity, and cross-cultural relationship building. The institutions represent varied institutional enrollment, geographic regions, public, private, and religious affiliations, and Carnegie classifications.

Session attendees were asked to share what student development theories they use and how. Similar to contributing authors, we learned many attendees use multiple

theories in combinations to meet the unique needs of their students.

We then briefly shared two exemplar programs from the book to provide both insight into what types of work our colleagues are doing and how theory-in-practice chapters were organized (i.e., institutional context, program/service overview, description of theory, implementation specifics, assessment and evaluation, lessons learned and resources, and recommendations).

Finally, we concluded with discussing how attendees can bring this information “home.” Specifically, we likened connecting theory to practice as a toolkit for practitioners to continue conducting meaningful work for their students. Additionally, we recognized that while theories and framework sometimes fall short of describing student experiences that are nuanced by factors such as race or ethnicity, gender, sexuality, and socioeconomic status.

Relevant Concepts/Theoretical Framework

Our session was relevant and timely; the profession is constantly learning how best to assist our students who are learning in global, multicultural environments. Sometimes it is difficult to take foundational or emergent college student development theories and bring them to life—whether the people engaging in theory-to-practice be seasoned professionals, aspiring or emerging student affairs professionals, or undergraduate staff. This program offered examples of how student affairs practitioners have done that in a contemporary fashion, and in diverse ways.

For more information or questions about the book, *Applying Student Development Theories Holistically: Exemplar Programming in Higher Education*, please contact Katie Branch, kbranch@uri.edu.

Copies can be ordered at <https://www.routledge.com/Applying-Student-Development-Theories-Holistically-Exemplar-Programming-in-Higher-Education/branch-hart-steffes-wilson/p/book/9780815380771>

100 Years of NASPA



Photo caption: Region I's history was on display at the 2018 NASPA Region I Conference in Providence, Rhode Island. Research for the timeline was conducted by Barbara Fienman, the Region's Historian and Chair of the Region's History Committee, and History Committee members Matt Brancaccio, Erica Devine, Evan Maloney, and Sarah Thomas.

100 Years of NASPA - Join in the Celebration!

NASPA is celebrating 100 years as a professional association and, as a member of the NASPA 100th Anniversary Planning Committee, I cordially invite you to join in the festivities. We offer a number of ways for you to do this, many of which involve only a few minutes of your time and will add richness and depth to our understanding of NASPA's impact on its members and on the student affairs profession.

Let me highlight a few ways you can participate:

- Take a look at the online timeline, [100 Years of NASPA](#), to review a detailed history of the association.
- Help build the [NASPA Family Tree](#) by sharing a brief story about a mentor of yours (by December 31, 2108). I hope you will honor a mentor in this way!

- Share a [photo \(or two or three!\)](#) that captures a NASPA memory (by April 30, 2019).
- Write a [brief reflection](#) about a NASPA member who's had an impact on you or your professional journey (by March 6, 2019).
- Share a [video](#) that adds to the celebration of our association (by April 30, 2019).
- Join the [Century Club](#), an opportunity to give back to the association during NASPA's 100th anniversary.
- Celebrate 100 years of [NASPA leadership](#) by reading brief bios of our leaders - past and present.
- Gather some students and colleagues at your institution to perform the [NASPA handclap](#) (by February 1, 2019).

At last month's NASPA Region I Conference in Providence, Rhode Island, we featured a timeline of our Region's history. If you attended the conference, I hope you read the timeline. It is excellent. At the 2019 NASPA Annual Conference in March, all the Regions' timelines will be on display together. Be sure to check them out if you're in Los Angeles.

The NASPA 100th Anniversary Planning Committee has been meeting since late 2016 to plan a variety of events to honor the association and its illustrious past, present, and future. Our committee co-chairs are Karen Pennington, Vice President for Student Development & Campus Life at Montclair State University, and Barb Snyder, Vice President for Student Affairs at the University of Utah. Look for more information in the weeks ahead about upcoming live briefings about NASPA's history, and details about 100th anniversary events planned for the 2019 NASPA Annual Conference in Los Angeles.

Let's be sure Region I is well represented in the celebration. I invite you to contact me with any questions.

All the best for a happy holiday season!

David Zamojski

First Residence Halls at UMASS Boston



For more than a decade, the University of Massachusetts Boston has been transforming its physical campus to better meet the needs of its students, faculty, and staff. On August 28, we celebrated a major milestone in the transformation, the opening of our first-ever residence halls. As practitioners, we know the value of integrated learning environments that support students' needs 24/7. Nonetheless, until August 28, we were the only nationally ranked, Tier One university without a residential option for our students. The state-of-the-art 1,077-bed, 260,000-square-foot residence halls have views of both the harbor and Boston skyline and consist of two buildings, ranging from seven to twelve stories, offering a mix of living arrangements from single-occupancy to four-person units. The \$120 million project was built through a public-private partnership, a model that is the first of its kind for the UMass system. The UMass Building Authority contracted with Capstone Development Partners to lease a portion of our campus to construct the residence halls. Provident Commonwealth Education Resources, Inc., a nonprofit management entity, owns and operates the facility, and UMass Boston oversees student life. The new residence halls include living-learning amenities open to the entire UMass Boston community, such as seminar rooms, study lounges, and a 500-seat dining commons. The buildings feature tutoring and course support in dedicated learning spaces; a convenience store; a shared space for a health educator, nurse, and counselor; and co-sponsored living-learning communities themed around social justice, sustainability, and support for exploratory and undecided students. There are 3 professional live-in Community Directors, 31 Resident Assistants (selected from a pool of 350 applicants), and a Faculty-In-Residence. This project offered our community numerous opportunities

to intentionally design a living experience that reflected our campus's value of access. One such opportunity resulted in a commitment of \$1.4 million in campus-living grants, which provided support for Pell-eligible students. The halls are opening at 100 percent occupancy, with 23 percent of residents Pell eligible, 43 percent from underrepresented minority groups, 81 percent calling Massachusetts home, 16 percent arriving from out of state, and three percent international. During our first ever move in on September 2, a team of more than 200 faculty, staff, and students, along with our Interim Chancellor helped students haul in everything from refrigerators and microwaves to desk lamps, books, plants, and wardrobes. The addition of this community also gave us the impetus to think about a 24/7 campus that could better serve the needs of all students. We have observed a shift in pedagogy requiring group work that meant students were connecting with one another outside of class time. Recent data has shown a trend toward students living within walking distance to campus and working less hours (NSSE), and students engaging 24 hours a day, using technology and other social media, no matter where they reside. This picture of student needs helped us imagine and re-imagine culture, processes, structures, and priorities to reflect our evolving 24/7 academic community. These past years have involved much work from members of my team, faculty, staff, alumni, and current students. I am so grateful for their efforts and proud of our community as we celebrate this important accomplishment. We invite you all to come for a visit!



Gail DiSabatino,
Vice Chancellor for Student Affairs
University of Massachusetts– Boston

Knowledge Community Updates & Upcoming Events

NASPA Massachusetts

NASPA REGION 1 MA FACEBOOK PAGE

Looking for more updates, job postings, and ways to get involved? Follow the [NASPA Region 1 Massachusetts Facebook page!](#)

UPCOMING EVENTS

All of the Above

Saturday, February 9, Boston College

Co-Sponsored with BACHA and NECPA

This annual one-day conference invites soon-to-be-graduates (both undergraduate and graduate level) to take part in resume review, mock interviewing, and attending sessions.

Volunteers for All of the Above:

On February 9, we will again collaborate with BACHA and NECPA on this professional development opportunity for recent graduates. To make this event a success, we are looking for both mock interviewers/resume reviewers, and presenters!

To volunteer, click [here](#)

MA-NASPA Social

Saturday, February 2, Tavern in the Square

In Spring we look forward to awards, graduations, and celebrating our successes. But before that we must get through the heart of winter. Join us for a Saturday brunch to catch up with other professional, prepare for upcoming national conferences, and to exchange some ideas on self-care for the upcoming month.

Civic Learning & Democratic Engagement

Ryan Baldassario, University of Connecticut

Join the Civic Learning/Democratic Engagement KC at the Annual Conference for a CLDE-themed Pre-conference session entitled "Democracy Academy: Engaging Campuses, Persons, and Communities in the Electoral Process." This pre-conference workshop will be held Sunday, March 10 (9:00 AM - 12:00 PM) in the Olympic I room of JW Marriott LA Live. Staff from various functional areas within student affairs and other organizations related to civic engagement will engage with attendees through panels, workshops focused on action planning and assessment, and through dialogue with fellow attendees. For more details, visit: <https://conference.naspa.org/program/session-formats/pre-conference-workshops#>.

Become a Knowledge Community Representative

There are a number of Knowledge Communities with vacancies in leadership positions. These include the Men and Masculinities KC, MultiRacial KC, Women in Student Affairs KC, Veterans KC, and more.

Email Jen Stanley for more information (jstanley@rwu.edu) or apply through the [NASPA Engagement Portal](#) today!

Apply for the Mid Level Institute!

Region I is pleased to offer mid-level managers the opportunity to engage in conversation with colleagues and senior student affairs officers around the mid-level experience. Check out the [website](#) for more information.

SAVE THE DATE!

413 AREA



RA CONFERENCE

FEBRUARY 9, 2019 SPRINGFIELD, MA

FOR MORE INFORMATION AND TO
SUBMIT A PRESENTATION PROPOSAL, VISIT OUR SITE:
WWW.413AREARACONFERENCE.COM



ALL COLLEGES AND UNIVERSITIES WELCOME!